

27th USAPL
MEN'S NATIONAL MASTERS
POWERLIFTING CHAMPIONSHIPS

Official USA Powerlifting Sanctioned Championship – IPF World Championship Qualifier

Friday to Sunday, May 2 - 4, 2008

Location:

Radisson – Miami Biscayne Bay Hotel
1601 Biscayne Boulevard - Miami Florida 33132
Telephone: 305-374-0000 / Fax: 305-714-3811
www.radisson-miami.com

Eligibility Requirements:

- 1) Must be a registered USAPL member [Membership cards may be purchased at weigh-ins].
- 2) Must have achieved a total in a USAPL sanctioned [powerlifting] championship during either 2007 or 2008.

Weight Classes (lbs):

123, 132, 148, 165, 181, 198, 220, 242, 275 and SHW

Weigh-in and Contest Lifting Schedule

Thursday – May 01, 2008

- 4:00 to 5:00 pm – Referee Meeting
- 5:00 to 6:00 pm – National Masters Committee Meeting
- 6:00 to 7:00 pm – Early equipment check for Friday Lifters ONLY

Friday – May 02, 2008

- 7:00 to 8:30 am – Weigh-in/Equipment check for men's weight classes: 123, 132, 148 and 165
- 8:30 to 9:00 am – Rules briefing and/lifter warm-up
- 9:00 to 1:00 pm – Lifting for men's weight classes: 123, 132, 148 and 165
- 1:00 to 1:30 pm – Drug-testing Protocol / Awards Ceremony

11:00 to 12:30 pm – Weigh-in & Equipment check for men's weight classes: 181

- 12:30 to 1:00 pm – Rules briefing and/lifter warm-up
- 1:00 to 4:00 pm – Lifting for men's weight classes: 181
- 4:00 to 5:00 pm - Drug-testing Protocol / Awards Ceremony
- 4:00 to 5:00 pm – Early equipment check for Saturday lifters ONLY.

Saturday – May 03, 2008

- 7:00 to 8:30 am – Weigh-in/Equipment check for men's weight classes 198
- 8:30 to 9:00 am – Rules briefing and/lifter warm-up
- 9:00 to 1:00 pm – Lifting for men's weight classes: 198
- 1:00 to 1:30 pm – Drug-testing Protocol / Awards Ceremony

12:00 to 1:30 pm – Weigh-in & Equipment check for men's weight classes: 220

- 1:30 to 2:00 pm – Rules briefing and/lifter warm-up
- 2:00 to 5:00 pm – Lifting for men's weight classes: 220
- 5:00 to 6:00 pm - Drug-testing Protocol / Awards Ceremony
- 6:00 to 7:00 pm – Early equipment check for Sunday lifters ONLY.

Sunday – May 04, 2008

- 7:00 to 8:30 am – Weigh-in/Equipment check for weight class: 242lb class
- 8:30 to 9:00 am – Rules briefing and/lifter warm-up
- 9:00 to 1:00 pm – Lifting for men's weight classes
- 1:00 to 1:30 pm – Drug-testing Protocol / Awards Ceremony

12:00 to 1:30 pm – Weigh-in & Equipment check for men's weight classes 275 + SHW

- 1:30 to 2:00 pm – Rules briefing and/lifter warm-up
- 2:00 to 6:00 pm – Lifting for men's weight classes 275 + SHW
- 6:00 to 7:00 pm - Drug-testing Protocol / Awards Ceremony

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Divisions:

Men's Divisions: 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+

Special Note: Lifters that are 39 years old that turn 40 after the competition and during 2008, may lift as a Guest Lifter at this championship in order to qualify for the USA Masters World Team. All athletes will lift in the age category, based on your age the day of the competition.

Awards:

Awards will be presented to the 1st – 5th place for each weight class and age division. One [1] Champion of Champions award will be presented to the best overall lifter in the 40+, 50+, 60+ and 70+ age groups. The overall best lifter award will be calculated by the IPF Wilks Formula. Team awards will be presented for 1st – 5th place in the following categories 40+, 50+, 60+ and 70+. Team championship scoring will be in accordance to IPF Rules, calculated by the six [6] best lifters out of a possible ten [10] lifters on each team. Participation certificates will be given to all lifters.

2008 IPF World Masters Powerlifting Championships – Palm Springs, California

This championship will serve as the official qualifier for the 2008 IPF World Masters Powerlifting Championship that will take place in Palm Springs, California.

Technical Rules:

This competition is USAPL sanctioned and all IPF rules will be followed. If you are not familiar with these rules, they can be found at the following URL:

IPF Rules -- http://www.powerlifting-ipf.com/IPF_rulebook.doc

World Wide Web:

Contest information, updates, nominations, etc. will be made available on the following web-page, which can be found at the following: <http://www.usaplnationals.com/2008masters>

Hotel Arrangements & Transportation Information

The Radisson Hotel located in downtown Miami shall serve as the official championship hotel.

Radisson – Miami Biscayne Bay Hotel
1601 Biscayne Boulevard - Miami Florida 33132
Telephone: 305-374-0000 / Fax: 305-714-3811

** Please take note – The Radisson will change their name to a Hilton on March 01, 2008.*

Please call 305.374.0000 to make reservations – Group Code: USA POWERLIFTING

The following is the web-link for the hotel:

www.radisson-miami.com

Please make your hotel reservations early by NLT April 18, 2008 to receive the group rate of \$109.00 per night + tax. This is an exceptional rate for this time of year for Miami, so please make your reservations early. Group Code: USA POWERLIFTING

Spectator/Guest Parking

There are multiple options for parking at the hotel. If you require assistance, please contact me directly, well in advance of the competition, at: 954.790.2249 or by email: rhk@verizon.net

Airport Shuttle

Super Shuttle (Tel: +1-305.871.2000) will provide transportation to the Hyatt for \$11.00 from the Miami – International Airport. www.supershuttle.com

Spectators/T-shirts/Tickets

All spectators and coaches may enjoy the competition for an admission fee of \$5.00 per day. T-shirts will be available for a fee of \$15.00 (small to large) and \$20.00 for XL and above. One [1] free coaching pass will be provided for each [team entry] received.

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Name _____ E-mail: _____
(Please print E-mail clearly)

Address: _____

City: _____ State: _____ Zip Code: _____

Day Telephone: () _____ Evening Telephone: () _____

USAPL Membership Card #: _____ Expiration Date: _____ Team _____
(Can be purchased at the contest)

RELEASE FROM LIABILITY AND CONSENT TO DRUG TEST:

Read this carefully (When you sign it you will be giving up important legal rights)

In consideration of the acceptance of my Entry Form in this Powerlifting Competition I intend to be legally bound, for not only myself but also for my heirs, my executors and my administrators. In signing this release from liability I waive and release everyone connected with this competition from any and all liability, including any result of negligence, which may arise from this competition. Moreover, I agree that any testing method, which the meet directors and the sponsors of this meet use to detect the presence of strength inducing drugs, **SHALL BE CONCLUSIVE**. This is, whether I think the results of the test are right or wrong, I agree that I have no right to challenge the results of the drug tests. I further agree to submit to any physical test, which may be necessary to complete the drug testing. Should I fail to pass the drug tests I agree to forfeit any trophy or award, which I might otherwise have won. I understand and agree that if I fail to pass the drug tests, my name will appear on a published list of suspended members. If it is determined that I have failed the drug test, I agree to waive any claim for which legal relief is available. I agree to pay any attorney fee and litigation expenses by any person, real or corporate, which I may sue in an effort to challenge this release from liability form. I understand that my agreement to pay attorney fees and litigation expenses is the **SINE QUA NON** for acceptance of my entry in this contest. If any provision of this Release from Liability shall be deemed by a court of competent jurisdiction to be invalid, the remainder of this Release from Liability shall remain in force and effect. I also certify with my signature that this release/agreement cannot be modified orally.

Signature of lifter		Date	
Signature of Parent Or Legal Guardian		Date	

Please specify the **weight class** that you will be lifting at: _____ Age: _____ Date of Birth: _____

PLEASE SPECIFY T-Shirt SIZE(s): Cost at Meet - \$15.00 /each: M L XL XXL XXXL

ENTRY FEE (S): Place

- _____ \$65.00 – Powerlifting Competition
- _____ \$60.00 – Team Entry Fee [see reverse side of this form]
- _____ \$15.00 – Official Championship T-shirt [Small to Large] / Size Requested _____
- _____ \$20.00 – Official Championship T-shirt [X-Large to XXXL] / Size Requested _____
- _____ \$50.00 – Late Fee
- _____ \$ 5.00 – Ticket cost for each spectator and coach, per day. Name of coach: _____
- _____ \$ Total Amount Submitted

APPLICATIONS MUST BE POSTMARKED BY NO LATER THAN APRIL 14, 2008!

Important Note: If your application/entry is late, you must notify the meet director either via e-mail, or by telephone. Late fee of \$50.00 will be assessed if post-marked after April 14, 2008. No Refunds Granted!

CHECK OR MONEY ORDERS PAYABLE AND MAILED TO THE FOLLOWING:

Robert Keller - Contest Director
Post Office Box 291571** Davie, Florida 33329-1571
Telephone: 954.790.2249 * Fax: 954.301.3344 * E-mail: rhk@verizon.net
<http://www.usaplNationals.com/2008masters>



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FULL TEAM NAME: _____

HEADCOACH: _____ MANAGER: _____

PHONE: _____ USAPL Team Registration Number: _____ Expiration: _____

TEAM ENTRY FEE

Team entry fees are \$60.00 for each division (e.g., one men's and one women's team would be \$60.00 each totaling \$120.00). As per collegiate rules, there are NO multiple team entries (e.g., Team A and Team B, in one division). Additionally, each team member must fully complete an individual entry form and forward the appropriate entry fees (see reverse side).

TEAM ROSTER

No.	Lifter	Weight Class	USAPL Card #:
1	_____	_____	_____
2	_____	_____	_____
3	_____	_____	_____
4	_____	_____	_____
5	_____	_____	_____
6	_____	_____	_____
7	_____	_____	_____
8	_____	_____	_____
9	_____	_____	_____
10	_____	_____	_____
11	_____	_____	_____

ALTERNATES

1	_____
2	_____

TEAM SCORING

Each team is allowed a maximum of 10 lifters spread throughout the range of the 10-bodyweight categories for men in each age category: 40+, 50+, 60+, and 70+. Each team is allowed a maximum of five alternates. These alternates may be substituted at any time prior to the commencement of the championship. Team scoring will be calculated in accordance with USAPL/IPF rules. All Teams must be registered with USA powerlifting via a club membership application.

ALL TEAM ROSTERS MUST BE RECEIVED BY 7:00 AM THE MORNING OF FRIDAY, MAY 02, 2008 FOR DECLARATION INTO THE CHAMPIONSHIP