



**USAPL**  
**Women's National Powerlifting Championships**  
**Miami, Florida / February 14 – 15, 2009**

**REFEREES**

<b>Referee</b>	<b>Category</b>	<b>State</b>	<b>Sessions Available</b>
Robert Keller	I	Florida	All
Ruth Welding	I	Illinois	TBA
Larry Maile	I	Alaska	Saturday AM
Al Siegel	I	Pennsylvania	All
Johnny Graham	I	Texas	TBD
Lanette Lopez	II	Texas	Sunday PM
Regina Hackney	II	South Carolina	Saturday AM
Robb Grisham	II	Colorado	Saturday
Mike Licciardi	II	Florida	All
Sergio Centeno	II	Puerto Rico	All / Scoring Manager
Bill Ennis	II	California	All
Karen Licciardi	National	Florida	All
Tony Nicolini	National	Florida	All
Sioux-z HartwigGary	National	Maryland	Sunday
Lance Slaughter	National	California	All
Chip Hultquist	National	Tennessee	All
Adeline Ulvang	State	Florida	Registration
Julian Ulvang	State	Florida	National Referee Test
Steph Dzurnak	State	Florida	National Referee Test

**RESERVE**

Joe Marksteiner	II	Ohio	Reserve
Cathy Marksteiner	II	Ohio	Reserve
Malinda Baum	National	Texas	Reserve
Angela Simons	National	Minnesota	Reserve
Sue Hallen	National	Illinois	Reserve
Brenda Siegel	National	Pennsylvania	Reserve
Sue Hallen	National	Illinois	Reserve
Bill Clayton	I	New Jersey	
Jack Marcus	I	Michigan	

**TECHNICAL SUPPORT STAFF**

Larry Maile	IPF Cat I	Alaska	USAPL President
Johnny Graham	IPF Cat I	Texas	USAPL Vice-President
Robert Keller	IPF Cat I	Florida	Championship Director
Bill Clayton	IPF Cat I	New Jersey	Technical Secretary
Regina Hackney	IPF Cat II	South Carolina	DCO

**Key**

(I) = IPF Cat I Referee / (II) = IPF Cat II Referee / (N) = National Referee / (S) = State Referee

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**FLIGHT SCHEDULE & AWARD PRESENTATIONS**

**Friday, February 13, 2009**

Referee Technical Meeting [4:00 - 5:00 pm]

Early Equipment Check / Friday Athletes Only [5:00 - 7:00 pm]

**Saturday, February 14, 2009 -- Session I**

Weigh-in: 7:00 – 8:30 am

Start-time for lifting: 9:00 am

Flight A: Women 97, 105 & 115 / 13 Lifters

Award Presentation: Johnny Graham, Vice-President, USA

Powerlifting

**Saturday, February 14, 2009 -- Session II**

Weigh-in: 12:00 – 1:30 pm

Start-time for lifting: 2:00 pm

Flight A: Women 123 / 10 Lifters

Flight B: Women 132 / 11 Lifters

Award Presentation: Lance Slaughter, EC Member, USA Powerlifting

1:30 to 2:00 pm – **Women's Hall of Fame Induction Ceremony**

2:00 to 3:00 pm -- Early Equipment Check for ALL Sunday Lifters

7:00 to 8:00 pm – **Women's National Committee Meeting**

8:00 to 9:00 pm -- Anti-doping Seminar

**Sunday, February 15, 2009 -- Session I**

Weigh-in: 7:00 – 8:30 am

Start-time for lifting: 9:00 am

Flight A: Women 148 / 13 Lifters

Flight B: Women 165 / 08 Lifters

Award Presentation: Dan Onishuk, President, Con Cret Creatine

**Sunday, February 15, 2009 -- Session II**

Weigh-in: 12:00 – 1:30 pm

Start-time for lifting: 2:00 pm

Flight A: Women 181, 198 & 198 / 13 Lifters

Award Presentation: Dr. Larry Maile, President, USA Powerlifting

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**EARLY EQUIPMENT CHECK TIMES**

**Early Equipment Check: Friday, Feb 13, 2007 / 5:00 – 7:00pm [All Saturday Lifters Only]**

<b>Assignment</b>	<b>Name</b>
Women / Saturday – Session I	Regina Hackney [II]
Women / Saturday – Session I	Chip Hultquist [N]
Women / Saturday – Session II	Tony Nicolini [N]
Women / Saturday – Session II	Julian Ulvang [S]

**Early Equipment Check: Saturday, Feb 14, 2009 / 2:00 – 3:00pm [All Sunday Lifters Only]**

<b>Assignment</b>	<b>Name</b>
Women / Sunday – Session I	Mike Licciardi [II]
Women / Sunday – Session I	Karen Licciardi [N]
Women / Sunday – Session II	Regina Hackney [II]
Women / Sunday – Session II	Steph Dzurnak [S]

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**SATURDAY – SESSION I [44.00kg – 52.00kg]**

**Saturday, February 14, 2009 [Weigh-in: 7:00 – 8:30am] Lifting 9:00am**

Assignment	Name
Weigh-in: (7:00-8:30am) Lifting: 9:00am	Regina Hackney [II]
Equipment Check:	Robb Grisham [II]; Chip Hultquist [N]
<b>Chief Referee:</b>	Regina Hackney [II]
Side Referee:	Robb Grisham [II]
Side Referee:	Chip Hultquist [N]
Alternate Referee:	Bill Ennis [II]
<b>Chief of the Jury:</b>	Larry Maile [I]
Jury Member:	Al Siegel [I]
Jury Member:	Robert Keller [I]
Announcer:	Lance Slaughter [N]
Expeditor:	Brenda Siegel [N]
Marshall/Technical Controller:	Tony Nicolini [N]
Scoring Manager:	Sergio Centeno [II]
Drug-testing Officer[s]:	Regina Hackney [II]
American Records:	Robert Keller [I]
Registration:	Adeline Ulvang [S]

**SATURDAY – SESSION II [56.00kg – 60.00kg]**

**Saturday, February 14, 2009 [Weigh-in 12:00 – 1:30pm] Lifting 2:00pm**

Assignment	Name
Weigh-in: (12:00-1:30pm) Lifting: 2:00pm	Ruth Welding [I]
Equipment Check:	Tony Nicolini [N] ; Bill Ennis [II]
<b>Chief Referee:</b>	Al Siegel [I]
Side Referee:	Tony Nicolini [N]
Side Referee:	Bill Ennis [II]
Alternate Referee:	Karen Licciardi [N]
<b>Chief of the Jury:</b>	Ruth Welding [I]
Jury Member:	Robb Grisham [II]
Jury Member:	Regina Hackney [II]
Announcer:	Lance Slaughter [N]
Expeditors:	Carmen Vega / Brenda Siegel [N]
Marshall/Technical Controller:	Julian Ulvang [S]
Scoring Manager:	Sergio Centeno [II]
Drug-testing Officer[s]:	Regina Hackney [II]
American Records:	Robert Keller [I]
Registration	Adeline Ulvang [S]

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**SUNDAY – SESSION I [67.50kg – 75.00kg]**

**Sunday, February 15, 2009 [Weigh-in: 7:00 – 8:30am] Lifting 9:00am**

Assignment	Name
Weigh-in: (7:00-8:30am) Lifting: 9:00am	Sioux Hartwig-Gary [N]
Equipment Check:	Licciardi [II]; Nicolini [N]
<b>Chief Referee:</b>	Mike Licciardi [II]
Side Referee:	Sioux Hartwig – Gary [N]
Side Referee:	Tony Nicolini [N]
Alternate Referee:	Karen Licciardi [N]
<b>Chief of the Jury:</b>	Robert Keller [I]
Jury Member:	Al Siegel [I]
Jury Member:	Bill Ennis [II]
Announcer:	Lance Slaughter [N]
Expeditor:	Carmen Vega / Brenda Siegel [N]
Marshall/Technical Controller:	Julian Ulvang [S]
Scoring Manager:	Sergio Centeno [II]
Drug-testing Officer[s]:	Regina Hackney [II]
American Records:	Robert Keller [I]
Registration:	Adeline Ulvang [S]

**SUNDAY – SESSION II [82.50kg – 90.00+kg]**

**Sunday, February 15, 2009 [Weigh-in 12:00 – 1:30pm] Lifting 2:00pm**

Assignment	Name
Weigh-in: (12:00-1:30pm) Lifting: 2:00pm	Karen Licciardi [N] / Adeline Ulvang [S]
Equipment Check:	Bill Ennis [II]
<b>Chief Referee:</b>	Bill Ennis [II]; Chip Hultquist [N]
Side Referee:	Chip Hultquist [N]
Side Referee:	Lanette Lopez [II]
Alternate Referee:	Karen Licciardi [N]
<b>Chief of the Jury:</b>	Robert Keller [I]
Jury Member:	Al Siegel [I]
Jury Member:	Mike Licciardi [II]
Announcer:	Lance Slaughter [N]
Expeditor:	Carmen Vega / Brenda Siegel [N]
Marshall/Technical Controller:	Tony Nicolini [N]
Scoring Manager:	Sergio Centeno [II]
Drug-testing Officer[s]:	Regina Hackney [II]
American Records:	Robert Keller [I]
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