



Florida Powerlifting

Post Office Box 291571 * Ft. Lauderdale, Florida 33329 * Telephone: 954.790.2249 * Fax: 954.301.3344

E-mail: rhk@verizon.net * www.florida-powerlifting.com

Tuesday, May 03, 2011 – Ft. Lauderdale, Florida

Dear USA Powerlifting Member:

Greetings! It is my pleasure to announce the 30th Annual USAPL National Bench Press Championships will be held at the Hyatt Regency Hotel at the Orlando International Airport, in Orlando, Florida on September 3 & 4, 2011. I have attached a contest application for your review.

I have placed this year's National Bench Press Championships in a location with the highest degree of convenience for you and your family members, especially taking into consideration those that may be a tight time schedule/travel budget during the holiday weekend.

The Hyatt Regency Hotel is **[connected]** directly to the Orlando International Airport and is rated five stars. Also, the Hyatt Hotel is located just 15 minutes away from all of the Disney Theme Park Attractions. Specially priced Disney Theme park tickets for the USA Powerlifting Group will be offered before and during the championship.

As a reminder, please take note of the deadlines for your contest entry form [August 03, 2011] and hotel reservations [August 16, 2011]. Please do not wait until August 16, 2011 to make your hotel reservations at the Hyatt. The room block will likely be sold out by this date.

The contest equipment for the championship will be of an international caliber and will include five [5] ER/Combo squat/bench press racks and five [5] calibrated Ivanko bars/weights in the warm-up room. Eleiko bars and weights and racks will be on the main competition platform. The Marksteiner Nextlifter computerized scoring system will be used to direct and calculate the individual and team scoring for the competition.

Finally, this event will serve as an official qualifier for the USA Sub-junior/Junior, Open and Masters Bench Press Teams for 2012. Please take advantage of this opportunity.

To close, if you have any questions regarding this championship or if I can be of further assistance, I can be reached by email at: rhk@verizon.net or my cell: 954.790.2249. On behalf of administration of USA Powerlifting, I would like to take this opportunity to wish you great success with your training for this competition and look forward to seeing you in Orlando -- Thank you!

Sincere regards,

Robert H. Keller

Robert H. Keller

Championship Director

2011 USAPL National Bench Press Championships