



International Blind Sports Association (IBSA)
United States Association of Blind Athletes (USABA)

Official Invitation

The International Blind Sports Association and the United States Association of Blind Athletes
invite all lifters to attend the:

4th IBSA Men/Women's World Bench Press
7th IBSA Men/Women's Powerlifting Championships
For Blind and Visually Impaired Athletes
July 6 - 11, 2009 ~ Miami, Florida [USA]

Contest Director: Robert Keller - rhk@verizon.net or Tel: 954.790.2249 / Fax: 954.301.3344
Championship Sec: Mike Licciardi - Tel: 954.790.2249 / Fax: 954.301.3344
Technical Secretary: Bill Clayton [IPF Technical Committee] - claytonw@ptd.net or Tel: 908.496.4172
Contest Format: Standard IBSA/IPF weight classes and age groups [Open, Junior and Master]
Technical Rules: IPF Technical Rules and International Referees will be used at this championship.

Awards:	Medals for 1 st , 2 nd and 3 rd place for each weight class in the Open category. Junior and Master age groups will be divided into groups or weight classes based on the number of final entries. The placing in the Junior/Master groups will be determined by the Wilks Formula. Outstanding lifter awards will be given to the best overall athlete in the Open, Junior and Master categories according to the Wilks Formula. Trophies will be awarded to the top three teams in the Open, Junior and Master categories, and participation diplomas/certificates will be awarded to all lifters, coaches, and referees that take part in the championship.
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Organizer: United States Association of Blind Sports Athletes [USABA]
City: Miami, Florida
Dates of Event: Wednesday to Saturday, **July 6 - 11, 2009**
Lifting Venue: Grand Ballroom / Hyatt Hotel – Miami, Florida
Hotel: Hyatt Hotel – Miami, Florida
Hotel Website – www.miamiregency.hyatt.com
Hotel Rates: \$109.00 + 13% tax = [\$123.17] per night for single or double occupancy. A triple room is \$134.00 + 13% tax = [\$151.42] and a Quad is \$159.00 + 13% tax = [\$179.67]. Executive Suites are available. Please contact Robert Keller for prices.
Hotel bookings: All team members are responsible for their hotel expenses. The organizer of this event is not responsible for hotel accommodations. **Please make your reservations by June 01, 2009, in order to receive the discounted rate.**
Meal Package: A special meal package of \$80.00 + 13% = [\$90.40] per day has been arranged for all the athletes, coaches, administrators, officials, and guests. This special meal plan includes three [3] complete buffet meals per day. The meal plan is [optional] and not mandatory. Please complete the enclosed form to order the meal package.
Airport: Miami International Airport – Miami, Florida
Transport: Transport from the Airport to the hotel will be provided - \$10.00 each way. Please send your arrival and departure information with your nomination form.
Photographs: Team Managers are required to send a passport size photograph for each athlete.
Scales: The competition scale will be available at the contest venue 24hrs, beginning July 06, 2009.
National Flag: Each nation must provide its national flag - Approximate size 1.5 m x 1.0 m.
National Anthem: Each nation must also provide its national anthem on an audiocassette tape or CD.
Participation Fee: \$140.00 per lifter [USD] – **Payable to Robert Keller**
Drug-Waiver Form: Each lifter will be required to present official identification [Passport] as well as an IBSA Anti-Doping Release Form at the weigh-in. The Anti-doping release forms will be distributed at the technical meeting.
Spectator Fee: \$5.00 per person.
Competition T-shirts: \$15.00 [Small – Large] / \$20.00 [XL – XXXL]
Technical Meeting: Wednesday, July 8, 2009 @ 3:00pm / Hyatt Hotel
Opening Ceremony: Thursday, July 9, 2009 @ 1:00pm / Hyatt Hotel Grand Ballroom
Farewell Banquet: Tickets \$35.00 USD / Banquet will be held at 7:00pm, July 11, 2009 at the Hyatt.
Competition Website: www.usaplNationals.com/ibsa

Provisional Timetable of Events

Date	Event Title	Start time
Monday, July 06, 2009	Arrival of Athletes/Officials [Recommended]	9:00am
Tuesday, July 07, 2009	Arrival of Athletes/Officials	9:00am
Tuesday, July 07, 2009	Athlete/Officials Accreditation [By appointment]	9:00am
Tuesday, July 07, 2009	Classification for Athletes [By Appointment]	1:00pm
Wednesday, July 08, 2009	Classification for Athletes [By Appointment]	9:00am
Wednesday, July 08, 2009	IBSA Anti-doping Seminar	10:00am
Wednesday, July 08, 2009	Recess/Lunch for delegates	12:00pm
Wednesday, July 08, 2009	IBSA Powerlifting General Assembly/Congress	1:00pm
Wednesday, July 08, 2009	IBSA Conference on IPC Recognition	1:00pm
Wednesday, July 08, 2009	Coffee Break	2:00pm
Wednesday, July 08, 2009	Technical Meeting / Referee Assignments	3:00pm
Wednesday, July 08, 2009	Media Press Conference	5:00pm
Wednesday, July 08, 2009	Social Event for Delegation Officials and Staff	7:00pm
Thursday, July 09, 2009	Opening Ceremony	1:00pm
Thursday, July 09, 2009	Media Press Conference	3:00pm
Thursday, July 09, 2009	Early Equipment Check – All Athletes	4:00pm
Thursday, July 09, 2009	Social Event for Delegation Officials and Staff	7:00pm
Friday, July 10, 2009	Weigh-in: All Women Powerlifters	8:00am
Friday, July 10, 2009	Lifting: All Women	10:00am
Friday, July 10, 2009	Victory Ceremony/Drug-testing Protocol	12:00pm
Friday, July 10, 2009	Weigh-in: All Men 56kg – 75kg	12:00pm
Friday, July 10, 2009	Lifting: All Men 56kg – 75kg	2:00pm
Friday, July 10, 2009	Victory Ceremony/Drug-testing Protocol	5:00pm
Friday, July 10, 2009	Media Press Conference	6:00pm
Friday, July 10, 2009	Social Event for Delegation Officials and Staff	7:00pm
Saturday, July 11, 2009	Weigh-in: All Men 82.5kg & 90kg	7:00am
Saturday, July 11, 2009	Lifting: All Men 82.5kg & 90kg	9:00am
Saturday, July 11, 2009	Victory Ceremony/Drug-testing Protocol	12:00pm
Saturday, July 11, 2009	Weigh-in: All Men 100 – 125+kg	12:00pm
Saturday, July 11, 2009	Lifting: All Men 100kg – 125+kg	2:00pm
Saturday, July 11, 2009	Victory Ceremony/Drug-testing Protocol	5:00pm
Saturday, July 11, 2009	Closing Ceremony	5:00pm
Saturday, July 11, 2009	Media Press Conference	5:30pm
Saturday, July 11, 2009	Championship Banquet	7:00pm
Sunday, July 12, 2009	Sightseeing Tours	9:00am
Monday, July 13, 2009	Departure of all Delegations	9:00am

Notes:

Changes may occur to the timetable of events. All changes will take place at the technical meeting that will be held on Wednesday, July 8, 2009.

The Hyatt Hotel is located fifteen [15] minutes from the Miami International Airport. The hotel is within walking distance of hundreds of shops, restaurants, and locations having night-time entertainment.

It will be mandatory that each athlete will have a National Team Warm-up/Track Suit on at their award presentation.

The Bench Press and Powerlifting Competition will be held together. Each athlete will automatically be entered into the both competitions.



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Nominations – Women’s Open Powerlifting

Wt. Class	Name (complete)	Birthday	Squat	Bench	Deadlift	TOTAL	Titles

Reserve lifters: [Maximum Two [2] per team]

Wt. Class	Name (complete)	Birthday	Squat	Bench	Deadlift	TOTAL	Titles

Nominations – Men’s Junior Powerlifting

Wt. Class	Name (complete)	Birthday	Squat	Bench	Deadlift	Total	Titles

Reserve lifters: [Maximum Two [2] per team]

Wt. Class	Name (complete)	Birthday	Squat	Bench	Deadlift	Total	Titles



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Nominations – Women’s Junior Powerlifting

Wt. Class	Name (complete)	Birthday	Squat	Bench	Deadlift	TOTAL	Titles

Reserve lifters: [Maximum Two [2] per team]

Wt. Class	Name (complete)	Birthday	Squat	Bench	Deadlift	TOTAL	Titles

Nominations – Men’s Masters Powerlifting

Wt. Class	Name (complete)	Birthday	Squat	Bench	Deadlift	Total	Titles

Reserve lifters: [Maximum Two [2] per team]

Wt. Class	Name (complete)	Birthday	Squat	Bench	Deadlift	Total	Titles



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Nominations – Women’s Masters Powerlifting

Wt. Class	Name (complete)	Birthday	Squat	Bench	Deadlift	TOTAL	Titles

Reserve lifters: [Maximum Two [2] per team]

Wt. Class	Name (complete)	Birthday	Squat	Bench	Deadlift	TOTAL	Titles

Nominations – Men’s Open Bench Press

Class	Name	Birth Date	Best Bench	International Titles

Reserve Lifters – Mens Open



**International Blind Sports Association (IBSA)
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Nominations – Women’s Open Bench Press

Class	Name	Birth Date	Best Bench	International Titles

Reserve Lifters – Women’s Open

IBSA BODYWEIGHT CATEGORIES

Bodyweight categories for the Women’s Open, Junior & Masters are: 48, 52, 56, 60, 67.5, 75, 82.5, 90, & 90+ kg
 Bodyweight categories for the Men’s Open, Junior & Masters are: 56, 60, 67.5, 75, 82.5, 90, 100, 110, 125, & 125+ kg

FEDERATION OFFICIALS/COACHES

(Maximum six [6] Referees & [3] Coaches per Country)

Additional coaches’ passes will be available for purchase from the contest director.

Name [complete]	Federation Title

Authorizing Federation Agent/Officer

Name: _____ Street: _____ Zipcode: _____
 City: _____ Country: _____ Tel./fax: _____
 Fax: _____ E-mail: _____



International Blind Sports Association (IBSA)
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IBSA World Bench Press & Powerlifting Championships

Official Payment Document

Country /Member Federation			
	Arrival	Departure	Arrival City
Travel Dates			
Total Number of Travelers			
Service	Number of Participants	Cost per Traveler	Total Amount
Ground Transport – Pickup		\$10.00 [per person]	
Ground Transport – Drop off		\$10.00 [per person]	
Buffet Meal Plan [optional]		\$90.40 [per day]	
Athlete Participation Fee		\$140.00 [per athlete]	
Official Competition T-Shirt		\$15.00 [Small – Large]	
Official Competition T-Shirt		\$20.00 [XL – XXXL]	
Spectator Passes for Event		\$5.00 Per Day	
Banquet Ticket		\$35.00 Per Athlete	
Service	Number Rooms	Amount per Room	Total Amount
Hotel - Single/Double Room		\$123.17 [per day]	
Hotel – Triple Room		\$151.42 [per day]	
Hotel – Quad Room		\$179.67 [per day]	
Registration after June 01, 2009		10% Late Fee:	
		Amount Enclosed:	

Payment Methods – Hotel / Meal Plan

Hotel Room and daily Buffet Meal Plan Payments may be made by credit card (Visa, American Express, MasterCard, or Discover), money order, cashier's check, certified check or wire transfer. Please contact me directly as to how your federation desires to make payment for the hotel fees and meal plan.

Payment Methods – Participation Fee / Transport / T-Shirts / Spectator Passes / Banquet

Payments for the participation fee can be made by cash, money order, cashier's check, certified check or wire transfer. Please contact me directly as to how your federation desires to make payment for these fees.

All payments are required to be made by June 01, 2009. If you require additional time, please contact me directly so that arrangements can be made. Arrangements are made on a case by case basis.

Thank you very much,

Robert Keller
Championship Director
2009 IBSA World Bench Press & Powerlifting Championships - Miami, Florida